

Clarifications

Four organizational rules have been established, to elaborate the questions of Madani In'aamaat and provide leniencies in answering them.

1. Some questions in Madani In'aamaat include several activities. For example, the Madani In'aam about Tahajjud, Ishraaq, Chaasht and Awabeen, includes four activities. To fulfil this question [Madani In'aam], consider the following rule:

“لأكثر حكم الكل” [Lil akthari hukmul kul]” a simple majority comes under the ruling of the whole”; **therefore the Madani In'aam would be deemed fulfilled if one acts upon the majority of the activities listed.** (Majority means to act upon more than half of the listed activities e.g. 51 out of 100 will be considered majority).

2. Some activities [*Madani In'aamaat*], if missed, can be made up for, on other days. For example, if you were unable to read 4 pages of Faizan-e-Sunnat, or recite Durood Shareef 313 times or recite at least 3 verses from Kanz-ul-Imaan with translation and commentary, then **make up for the days missed, in the following days and the Madani In'aam would be deemed fulfilled.**

3. It takes some time before one gets accustomed to some of the activities [Madani In'aam]. For example, to abstain from; cachinnating (*laughing out loud*), using informal language, and maintaining a low gaze while walking. **In such cases, during the period you are making an effort, the Madani In'aam would be deemed fulfilled.**

4. Some Activities may not be fulfilled due to a valid excuse (*real hardship*) or because of being engaged in other Madani Activities. For example; one is unavailable to attend Madrasa-tul-Madina for adults because he is involved in another Madani Activity and can not attend both simultaneously, or if one's parents have passed away or are in a different city and it is impossible to kiss their hands, or if one is illiterate and can not communicate in writing. **In such circumstances, the Madani In'aam would be deemed fulfilled.**

Shaikh-e-Tareeqat, Ameer-e-Ahlesunnat, founder of Dawat-e-Islami Hazrat e Allama Moulana Abu Bilal **Muhammad Ilyas Attar Qadiri Razavi** دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةُ says, “ I started the Madani In'aamaat, for the advancement of the Madani work, for the improvement of good manners and for the attainment of piety [Taqva]”.

50 Daily Madani In'aamaat

FIRST SECTION (17 Madani In'aamaat)

| | | | | | | | | | | | | | | | | |
|---|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-------|
| 1 | Today, did you render righteous intentions prior to the performance of activities permissible by the Shariah? Moreover, did you inspire [<i>targheeb</i>] at least two others to do the same? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 2 | Today, did you perform the five times daily Salaah [<i>Prayer</i>] in the first row of the Jama'at [<i>congregation</i>] in the Masjid [<i>Mosque</i>] and were you able to join the congregation in the first rak'a [<i>Takbeer-e-Oola</i>]? Did you usher at least one person to the Masjid [<i>Mosque</i>] each time? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 3 | Today, did you recite Ayah-tul-Kursi [آية الكرسي], Tasbih-e-Fatimah [تسبيح فاطمة] رَضِيَ اللَّهُ عَنْهَا, Surat-ul-Ikhlas [سورة الاخلاص] after performing each of the daily Salaah [<i>Prayer</i>], and before going to sleep? Did you recite or listen to Surat-ul-Mulk [سورة الملك] in the night? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 4 | Today, did you discontinue talking, walking, picking up and putting down things, talking on the phone, and operating vehicles and halt all other activities (<i>except when permissible by Shariah</i>) to respond to the Azaan [<i>Adhan</i>] and Iqaamat [<i>Iqama</i>]? (<i>If the Azaan starts while eating or drinking, it is permissible to carry on.</i>) | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |

| | | | | | | | | | | | | | | | | |
|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-------|
| 5 | Today, did you recite some litanies [<i>Auraad</i>] from your Shajrah and send Durood Shareef (<i>Peace and Blessings</i>) upon the Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ at least 313 times? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 6 | Today, did you greet Muslims with Salaam , at home or at work, to those travelling with you in the bus or train and, while walking; to those sitting or standing alongside the street? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 7 | Today did you formally and respectfully converse with everybody (<i>at home or outside</i>) regardless of their age, even with your mother (<i>and your children, if you have them and their mother</i>)? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 8 | Today, when intending to perform righteous acts, did you recite إِنْ شَاءَ اللهُ عَزَّوَجَلَّ When asked about your welfare (<i>fortune, health, etc</i>), instead of whining and complaining, did you recite الْحَمْدُ لِلَّهِ عَلَى كُلِّ حَالٍ , and Upon witnessing and observing the Favours of Allah عَزَّوَجَلَّ , did you recite مَا شَاءَ اللهُ عَزَّوَجَلَّ ? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 9 | Today, did you respond to the Salaam offered to you by others? In response to another person reciting عَزَّوَجَلَّ اللهُ الْحَمْدُ upon sneezing, did you reply by saying يَرْحَمُكَ اللهُ (in a tone audible to both parties)? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |

| | | | | | | | | | | | | | | | | |
|----|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-------|
| 10 | During your conversation, did you use some terms from the [terminology] Istalaha'at of Dawat-e-Islami ? Did you make an effort to correct your pronunciations ? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 11 | Today, during meals, did you try your utmost to sit according to the Sunnah, overlay yourself with a shawl [<i>Pard-e-me-Parda</i>] and use clay utensils ? Moreover, did you make an effort to observe Qufi-e-Madina pertaining to the Stomach (<i>guarding the stomach from gluttony and eating less than ones appetite</i>)? (<i>May you be blessed with the opportunity [Saa'dat] of fastening stone(s) on your abdomen for at least 12 minutes</i>) | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 12 | Today, did you deliver or listen to at least two Sessions of Dars [<i>reading of passages aloud</i>] from Faizan-e-Sunnat (<i>in the masjid, home, outside and where ever possible</i>)? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 13 | Today, did you teach or study in Madrassa-tul-Madina (for adults) [<i>learn how to recite the Quran with correct pronunciations</i>]? Today, did you get home within two hours of the time of Jama'at [congregation] of Salaat-ul-Isha, in your locality? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |

| | | | | | | | | | | | | | | | | |
|----|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-------|
| 14 | Today, did you read or listen to an Islamic book written by a Sunni Aalim (<i>Scholar</i>) for 12 minutes, and at least 4 pages of Faizan-e-Sunnat , in sequence (<i>excluding the Dars</i>)? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 15 | Did you fill out the Madani In'aamaat questionnaire today, while practicing Fikr-e-Madina (<i>reflecting upon your deeds</i>), with utmost concentration, for at least 12 minutes? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 16 | Today, did you perform Salaa-tut-Tauba at least once (<i>preferably before going to bed</i>) and repent from any sins that you may have committed today and in the past? Today, did you repent immediately after committing a sin and vow never to commit that sin again? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 17 | Today, did you try your best to sleep on a mat woven from palm leaves (<i>not made from plastic</i>) and if unavailable, did you sleep on the floor. Furthermore, did you keep a mirror, kohl [<i>surma</i>], comb, needle & thread, Miswaak, bottle of oil and a pair of scissors in proximity (<i>while sleeping and when travelling</i>) in accordance with the Sunnah? Did you fold your clothes and make your bed after usage? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |

| SECOND SECTION (17 Madani In'aamat) | | | | | | | | | | | | | | | | |
|--------------------------------------|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-------|
| 18 | Today, did you perform the Sunnah Prayers before Fajr, Zuhr, Asr and Isha (<i>before the start of the congregation [Jama'at]</i>) and the Nafil [Supererogatory] Prayers after the Farz [<i>Obligatory</i>] Daily Salaah [<i>Prayer</i>]? (<i>Nafil [Supererogatory] Prayers can be performed after the Dars or the Lecture</i>). | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 19 | Today, did you perform the Nafil [<i>Supererogatory</i>] Prayers of Tahajjud, Ishraaq, Chaasht, and Awwabeen? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 20 | Did you perform Nafil [<i>Supererogatory</i>] Prayers of Tahiya-tul-Wuzu and Tahiya-tul-Masjid , at least once today? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 21 | Today, were you fortunate to recite or listen to at least 3 verses of the Quran from Kanzul-Imaan (<i>with translation and commentary [tafseer]</i>)? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 22 | Today, did you attempt to inspire at least two Islamic brothers, through Infiraadi-Koshish [Personal Efforts] , to travel in the Madani-Qafila, to fill out the Madani-In'aamaat questionnaire, or to partake in other Madani Activities ? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |

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|----|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-------|
| 23 | Today, did you spend at least 2 hours in activities commissioned by Dawat-e-Islami [Madani Activities] (for example, <i>Infiradi Koshish, Dars and Bayaan, Madrassa-tul-Madina for adults</i>)? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 24 | Today, did you abide by the Markazi Majlis-e-Shura, Kabinaat , the various Mushavarats and Majaalis , which ever entities you are a subordinate of (<i>within the boundaries specified by the Shariah</i>)? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 25 | Today, did you refrain from borrowing and using other people's belongings (e.g. shawl, phone, vehicle etc.)? (<i>You should avoid asking others for their belongings as it is discourteous to do so. Keep things that you need, marked and secured, with you.</i>) | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 26 | If a responsible brother (<i>or any islamic brother</i>) commits a wrongdoing and needs to be rectified, did you attempt to rectify and reform him, in a polite and courteous manner, by writing to him or in person? God forbid, without being legally permitted to do so by the shariah, did you commit the major sin of backbiting [Geebah] by mentioning this to others? (<i>However, if you did not find it appropriate to talk to him directly or were unable to instigate him to change, then there is no harm in resolving the issue in accordance with the organizational procedures [Tanzeemi Tarkeeb]</i>). | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |

| | | | | | | | | | | | | | | | | |
|----|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-------|
| 27 | Today, did you overlay [<i>Parde-me-Parda</i>] yourself (<i>in the home and outside</i>) with a shawl? Did you make an ardent effort to face towards the Qibla , while standing, sitting or while getting up? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 28 | Today, when enraged, did you speak out (<i>manifesting your anger</i>), or remain silent and alleviate your anger . Moreover, did you forgive or seek opportunities for revenge? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 29 | Today, did you refrain from asking irrelevant and needless questions that would provoke other people to lie and commit a major sin? For example, “Did you like our food?”, “How was your trip?” etc. | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 30 | Today, did you abstain from being candid and frank with your Marriageable [<i>Na Mahram</i>] relatives, neighbours and your sister-in-law, thus protecting yourself from this sin? Did you avoid coming in front of them [<i>and intermingling with them</i>] and refrain from establishing unnecessary contact [<i>establishing Shara-ee-Purdah</i>]? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |

| | | | | | | | | | | | | | | | | |
|----|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-------|
| 31 | Today, did you abstain from watching movies, programs , and listening to music , on the television, DVD, or the Internet etc. (<i>at home or outside</i>)? Did you close your eyes for at least 12 minutes (besides sleeping), in order to make a habit of guarding the eyes from sins? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 32 | Today, did you act upon the 15 Pearls of Wisdom [Madani Phool] , whenever possible, to establish a righteous environment [Madani Maahol] within your home? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 33 | Today, did you refrain from accusing others, and avoid name calling (<i>in the home and outside</i>)? Did you abstain from cursing and swearing at others? (<i>Don't call anybody a pig, donkey, thief, lanky, shorty, etc.</i>) | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 34 | Today, did you refrain from intruding into other's conversations ? Moreover, despite understanding, did you bother others to repeat themselves, by gestures, facial expressions, or by saying things like; "what?", "pardon"?" | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |

THIRD SECTION (16 Madani In'aamaat)

| | | | | | | | | | | | | | | | | |
|----|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-------|
| 35 | Today, did you act upon Sada-e-Madina (<i>waking up Muslims for Fajr Prayers is called "Sada-e-Madina"</i>)? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 36 | Today, did you lower your gaze, whenever possible, by practicing Qufl-e-Madina pertaining to the eyes (<i>guarding your sight from unnecessary and sinful observations</i>), while walking or travelling in a car? Moreover did you refrain from looking at the billboards along the road side and [<i>unnecessarily</i>] looking around, at home or outside? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 37 | Today, did you make an effort to refrain from peeping into other's homes , from the confines of your home or directly, through their doors or otherwise? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 38 | Today, did you make an ardent effort to refrain from lying, backbiting, tale-bearing , being jealous , having pride and breaking promises ? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 39 | Today, for most part of the day, as long as it was possible, did you remain in the state of Wuzu [<i>Ablution</i>]? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |

| | | | | | | | | | | | | | | | | |
|----|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-------|
| 40 | Today, while talking with others did you lower your gaze or look straight at them? (<i>Wear the Qufi-e-Madina glasses, to make a habit of maintaining a low gaze, for at least 12 minutes</i>) | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 41 | Today, did you delay paying off your debts (<i>despite being capable</i>) without the permission of the creditor? Did you return the borrowed belongings within the stipulated time frame or after the fulfilment of its purpose? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 42 | Upon becoming acquainted with another's faults, did you conceal them today or disclose them, without being legally permitted to do so by Shariah? Did you refrain from revealing another's secrets without their permission, and thus refrain from breaching their trust ? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 43 | Today, did you maintain relationships with others on equal terms or establish personal friendships with one or more Islamic brothers, unless justified by Shariah? (<i>Personal friendships and groups commonly cause problems and hurdles in the progress of the organization</i>) | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |

| | | | | | | | | | | | | | | | | |
|----|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-------|
| 44 | Today, did you make an effort to offer the daily Salaah [Prayer] and Dua [Supplications] with humility [Khushu] and with fear of Allah عزوجل in the heart [Khudu]? Did you adhere to appropriate manners of raising hands while supplicating [Dua]? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 45 | Today, did you refrain from committing the sins of hypocrisy, lies, and ostentation (<i>show off</i>) by uttering phrases that profess humbleness and modesty , whereas the heart was not in a state of conformity to these virtues? (<i>For example saying phrases like; "I am despicable?" or "I am a sinner" when in fact your heart is not in conformity to the expressed meanings of the phrases</i>) | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 46 | Today, did you practice Qufi-e-Madina pertaining to the tongue (<i>guarding the tongue from irrelevant, frivolous and foul conversation and chatting</i>)? Today, did you communicate somewhat through signs, and at least four times in writing , in order to accustom yourself to abstain from unnecessary conversation? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 47 | Today, did you attentively listen to at least one Bayaan [Lecture] or Madani Muzakra [a question and answer session] in a cassette Ijtim a or individually? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |

| | | | | | | | | | | | | | | | | |
|----|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-------|
| 48 | Today, did you make an effort, whenever possible, to refrain from; joking around, being sarcastic , laughing out loud (<i>cachinnating</i>), hurting someone's feelings (<i>at home or outside</i>)? (<i>Remember, it is a major sin to hurt the feelings of a fellow Muslim</i>) | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 49 | Today, did you make an effort to use the minimum amount of words in your necessary conversations? Upon needlessly uttering words, did you immediately, feel remorse and make amends by reciting Durood and Istighfaar ? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 50 | Today, did you spend your whole day (<i>at work, home etc.</i>) wearing a turban [<i>Imaama Shareef</i>] (<i>and also a bandana if you apply oil on your hair</i>), having a Prophetic Haircut [<i>Zulfain</i>] (<i>if they grow</i>), having a beard (<i>fistful according to Sunnah</i>), wearing a (<i>white</i>) Kurta halfway down the shin, retaining a Miswaak prominent in the front pocket, and wearing the shalwaar or pyjama in such a manner that the cuffs are above the ankles? | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | Total |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |

| RECORD OF QUFL-E-MADINAH Madani [Islamic] Month | | | | |
|--|-------------------------------------|---|--|---|
| Date | Communicating by writing | Communicating via signs & gestures | Talking without staring at the persons face | Using Qufl-e- Madina Eye Glasses |
| | at least 12 times | at least 12 times | at least 12 times | approx. 12 minutes |
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
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| 23 | | | | |
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| 26 | | | | |
| 27 | | | | |
| 28 | | | | |
| 29 | | | | |
| 30 | | | | |
| TOTAL | | | | |

Eight Weekly Madani In'aamaat

| | | |
|----|--|--|
| 51 | Did you attend the Weekly Congregation [Ijtima] from the beginning to the end, this week? Did you sit in a folded-leg position (<i>Attahiyyaat position</i>) (<i>for as long as possible</i>), render your gaze low and partake in all the Bayaans [<i>Speeches</i>], Study Circles [<i>halqa</i>], Zikr, Dua and the recitation of the Salaat-o-Salaam while standing? Did you abide [<i>I'tikaaf</i>] in the Masjid for the whole night (<i>this includes partaking in the study circles [halqa] and performing the Tahajjud, Fajr, Ishraaq and Chaasht</i>)? | |
| 52 | Immediately after the completion of the Congregation [<i>Ijtima</i>] this week, did you meet with brothers you were not acquainted with [<i>while performing Infiradi Koshish</i>], and record their names and contact information? (<i>Meet at least four Islamic Brothers and take the contact information of at least one and then stay in touch with them.</i>) | |
| 53 | During this week, did you visit at least one sick or depressed person, in the Prophetic manner [<i>i.e. according to Sunnah</i>], at his home or at the hospital and sympathize [Ghum Khuvari] with him? Furthermore, did you present a gift (<i>even if it was a booklet or a pamphlet published by Maktaba-tul-Madina</i>) to the individual and advise him to seek help through Ta'weezaat-e-Attaria [amulets of Attar] ? | |
| 54 | Did you partake, at least once this week, in the tour to call people to righteousness [<i>Alaqa-i-Dora Bara-e-Naiki ki Dawat</i>]? | |

| | | |
|----|---|--|
| | | |
| 55 | Did you make an effort to inspire an Islamic brother (<i>who once was active and is currently not</i>) back into the righteous Environment [Madani Maahol] (<i>this does not include those who have been officially debarred from Dawateislami</i>)? | |
| 56 | During this week, did you attend the Masjid Ijtimā [Masjid Congregation], in your locality, from the beginning to the end and usher one newcomer with you? | |
| 57 | During this week, did you write a letter [or an email] to at least one brother (<i>in order to try to inspire him to travel in the Madani Qafila and act upon the Madani In'aamaat</i>)? | |
| 58 | Did you fast on Monday (<i>or on any other day if not on Monday</i>)? Did you make an effort to eat bread made from barley , at least once this week? | |

Six Monthly Madani In'aamaat

| | | |
|-----------|---|--|
| 59 | Did you fill out and submit; previous Islamic month's (<i>according to the Hijri Calendar</i>) Madani In'aamaat questionnaire to the Zeli Nigraan? | |
| 60 | Did you travel in the three day Madani Qafila this month, following the Madani Qafila schedule [<i>Madani Qafila Jadwal</i>]? | |
| 61 | Inspired by your personal efforts [<i>Infiradi Koshish</i>], did at least one Islamic Brother travel in the Madani Qafila and at least one brother submit their Madani In'aamaat questionnaire , this month? | |
| 62 | Did you offer some money as a gift to a Sunni Aalim (<i>Scholar</i>), Imam, Caretaker of a Masjid, or a Muazzin? (<i>Minors (pre-adolescence) [Na Ba'ligh] can't give their personal savings</i>) | |
| 63 | Have you memorized the Supplications [<i>Dua</i>] (<i>in Arabic</i>) for the Funeral Prayer of adults and minors (<i>boys and girls</i>) [<i>Na Ba'ligh</i>], Six Kalimas , Imaan-e-Mufasssal , Imaan-e-Mujmal , Takbeer-e-Tashreeq and Talbiya (<i>Labbaik</i>) with their translations (<i>meaning</i>)? Did you recite them on the first Monday (<i>or any other day</i>) of this month? | |
| 64 | Have you memorized the Azaan , the Dua after Azaan , the last 10 Surahs of the Holy Quran, Dua-e-Qunut , At'tahiyaat , Durood-e-Ibrahimi عَلَيْهِ السَّلَام and any one Dua-e-Mathura with correct pronunciation and translation? Did you recite them on the first Monday (<i>or any other day</i>) of this month? | |

Eight Yearly Madani In'aamaat

| | | |
|----|--|--|
| 65 | Have you read or listened to all the booklets (those that you are aware of) authored by Ameer-e-AhleSunnat دامت برکاتہم العالیہ , at least once during this year? | |
| 66 | Have you read or listened to all the Pearls of Wisdom [<i>Madani Phool</i>] pamphlets (<i>those that you are aware of</i>), at least once during this year? | |
| 67 | Did you travel in a 30 day Madani Qafila this year, following the Qafila schedule? (<i>in addition, render an intention to travel in a 12 Month Madani Qafila</i>) | |
| 68 | Have you read or listened to the chapters on the subjects of Repentance [<i>tauba</i>]; Sincerity [<i>Ikhlas</i>]; Piety [<i>Taqva</i>]; Fear of Allah and Hope [<i>Khauf & Rija</i>]; Vanity and Ostentation [<i>Ujub & Riya</i>]; and Guarding the eyes, ears, tongue, heart and stomach, from Imam Ghazali's last book titled Minhaj-ul-Abideen ? | |

| | | |
|----|--|--|
| 69 | At least once during this year, have you read the following subject matters from Bahar-e-Shariat : “Apostasy [<i>i.e. Muslim’s deviation from Islam, Murtad</i>]” from Part 9; “Impurities and the method of purifying clothes” from Part 2; “Trading (<i>buying and selling</i>)” from Part 16; “Rights of Parents”; (and if married have you also read) “Maharama’t “[<i>Non-Marriageable Women</i>], and “Rights of Spouse” [<i>Huqooq-e-Zaojain</i>] from Part 7; “Raising children”, “Divorce”, “Zihaar”, and “Talaq-e-Kinaya” [<i>Expressions of Divorce</i>] from Part 8 ? | |
| 70 | Have you read the whole Quran with correct pronunciation [<i>Tajveed</i>], at least once during your life? If so, did you repeat it this year? | |
| 71 | Have you read or listened to Tamheedul-Imaan and Husaamul-Haramain written by Ala Hazrat رَضِيَ اللهُ عَنْهُ and Nisaab-e-Shariat ? www.dawateislami.net | |
| 72 | During this year, did you read (<i>or listen</i>) and rectify your Wuzu [<i>Ablution</i>], Ghusl [<i>Purification Bath</i>] and Daily Salaah [<i>Prayers</i>] according to the methods stated in Bahar-e-Shariat or Namaz ke Ahkam ? Furthermore, have you revised them in the presence of a Sunni Aalim (<i>Scholar</i>), or a person of knowledge [<i>Mubaligh/Preacher</i>]? | |

Acts to Attain the Pleasure of Allah عزوجل

Friend Of Attar : Ameer-e-AhleSunnat دامت برکاتہم العالیہ says that whoever performs the following 12 activities consistently is my “Friend [Dost]”

| | |
|---|--|
| 1 | Performs the five times Daily Salaah [Prayer] in the first row of the Jama'at [Congregation] in the Masjid [Mosque] and joins the congregation in the first raka' [takbeer-e-oola] (In conjunction with other Faraiz [Obligations] and Wajibaat [Necessities]). Furthermore, ushers at least one person to the Masjid each time. |
| 2 | Delivers or listens to two sessions of Dars from Faizan-e-Sunnat. |
| 3 | Teaches or studies in Madrasa-tul-Madina for adults, and gets home within two hours of the time of Jama'at of Salaat-ul-Isha [congregational Isha Prayer], in the Masjid in his locality. |
| 4 | Inspires at least two Islamic Brothers every day, through his personal efforts [Infiradi Koshish], to travel in the Madani Qafila, to fill out the Madani-Inaamaat questionnaire, or to partake in other Madani Activities. |
| 5 | Employs at least 2 hours on a daily basis in activities commissioned by the organization. |
| 6 | Acts upon Sada-e-Madina every single day. |
| 7 | Attends the Weekly Congregation [Ijtima] from the beginning to the end and abides [I'tikaaf] in the Masjid and performs Tahajjud, Fajr, Ishraaq and Chaasht. |

| | |
|----|---|
| 8 | Participates, at least once in a week, in the tour to call people to righteousness [<i>Alaqa-e-Dora Bara-e-Naiki ki Dawat</i>]. (In business centers on Wednesdays before Zuhr Prayer, and in residential areas on holidays, between Asr and Maghrib). |
| 9 | Attempts to make an effort to inspire an Islamic brother (<i>who once was active and is currently not</i>) back into the Madani Environment (<i>this does not include those who have been officially debarred from the organization</i>) |
| 10 | Listens to at least one Bayaan [Lecture] or Madani Muzakra, every day. (Ameer-e-AhleSunnat <i>دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةُ</i> becomes extremely pleased with anyone who listens to at least one Bayaan or Madani Muzakra everyday). |
| 11 | Fills out the Madani In'aamaat questionnaire every single day as an act of Fikr-e-Madina and files it to the appropriate authorities on the first Thursday of the Madani (<i>i.e. Islamic</i>) month. |
| 12 | Travels in a three day Madani Qafila every month and follows the Madani schedule. Render an intention to travel in a "12 month Madani Qafila" once in your lifetime and a "30 day Madani Qafila" every year. (<i>Students of Ja'mia't-ul-Madina should travel according to the schedule prepared for them</i>) |

The Cherished One [Piyara] of Attar:

Ameer-e-Ahlesunnat دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةُ says that whoever, in addition to the 12 activities listed above, fulfills at least 63 out of the total of 72 Madani Inaamaat questions is “The Cherished One [Piyara]”. Students of Madrasa-tul-Madinah and Ja’miat-ul-Madina have to fulfil 82 out of their total of 92 questions, to attain the same status.

A Person Dear [Mehboob] to Attar’s Heart:

Ameer-e-Ahlesunnat دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةُ says that whoever, performs the following five activities in addition to becoming the “Friend [Dost]” and “The Cherished One [Piyara]”, is “Dear” to me.

1. Communicates through writing at least 12 times every day.
2. Communicates through signs and gestures at least 12 times every day.
3. Wears the Qufl-e-Madina eye glasses for at least 12 minutes every day.
4. Communicates in speech by lowering his gaze and avoids looking straight at the person he is communicating with (Communicate in speech only if it is an absolute necessity).
5. Reads, at least, 1 booklet every week. (Ameer-e-Ahlesunnat دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةُ is extremely pleased with anyone who has a habit of reading at least one booklet every day)

Favourite [Manzoor-e-Nazar] of Attar:

Ameer-e-Ahlesunnat says that whosoever fulfils all the 72 Madani Inaamaat activities in addition to the activities mentioned above is my favourite. Students are required to perform all 92 activities to attain the same status.

Sentiments [Jazba't] of Attar

Ah! Ah! Ah! My heart is in a constant state of fear and apprehension, as I do not know what is Allah's ^{عَزَّوَجَلَّ} Secret Decree for me, but despite this constant fear the condition of my heart is such that, if Allah ^{عَزَّوَجَلَّ} bestows His Special Favours upon me, for the sake [sadqa] of the Noble Prophet ^{صَلَّى اللّٰهُ عَلَيْهِ وَسَلَّمَ}, I will Insha-Allah ^{عَزَّوَجَلَّ} take my "Friends", "the Cherished Ones", those "Dear to me" and my "Favourites" along with me to Paradise [Jannatul Firdous].

Who is Attar upset with?

Any Islamic brother who opposes Dawat-e-Islami's Markazi Majlis-e-Shura, Intizami Kabinaat [Administrative Bodies] or any other Majlis in front of others without a justification provided by the Shariah is neither my "Friend [Dost]", nor "the Cherished One [Piyara]", nor "Dear to me [Mahboob]", nor "Favourite [Manzoor-e-Nazar]". In fact Attar is upset and **disappointed** with him.

The Dua of Ameer-e-Ahlesunnat:

Oh Allah! Grant myself, my "Friends", "the Cherished Ones", those "Dear to me" and my "Favourites" (who fulfil the activities presented here); an abode in Heaven [Jannat] in the proximity of the Noble Prophet ^{صَلَّى اللّٰهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ} **أَمِينُ بَجَاهِ النَّبِيِّ الْأَمِينِ**

An Humble Request [Madani Request]:

Every Muslim brother should incorporate these **tasks that earn the Pleasure of Allah** ^{عَزَّوَجَلَّ} into his life in order to become a friend, a cherished one, dear and a favourite of Sheikh e Tareeqat, Ashiq e Ala Hazrat, Ameer-e-Ahlesunnat Abu Bilal Hazrat Allamah Maulana Muhammad Ilyas Attar Qadiri **دَامَتْ بَرَكَاتُهُمْ أَلَعَالِيَهُ**.

Markazi Majlis-e-Shura

(Translated by Majlis-e-Tarajim)

| RECORD OF TASKS TO ATTAIN THE PLEASURE OF ALLAH عَزَّوَجَلَّ | | | | | | | | | | |
|--|--|----------------------|-----------------|--|-------------------|--|---------------|--|-------------------|--|
| 1 | Did you, aspire to partake in the 12 Madani Activities for the majority of the days this month? | | | | | | | | | |
| 2 | Did you communicate by writing , at least 12 times a day, for the majority of the days this month? | | | | | | | | | |
| 3 | Did you communicate by signs and gestures , at least 12 times a day, for the majority of the days this month? | | | | | | | | | |
| 4 | Did you aspire to refrain from staring directly at others during conversations , at least 12 times a day, for the majority of the days of this month? | | | | | | | | | |
| 5 | Did you wear the Qufl-e-Madina Eye Glasses , for at least 12 minutes a day, for the majority of the days this month? | | | | | | | | | |
| 6 | How many booklets of Ameer-e-AhleSunnat اَمِيْرُ سُنَّتِ الْعَالِيَةِ did you read this month? | 1 st Week | | | | | | | | |
| | | 2 nd Week | | | | | | | | |
| | | 3 rd Week | | | | | | | | |
| | | 4 th Week | | | | | | | | |
| | | Total | | | | | | | | |
| 7 | How many of the Madani In'aamaat activities did you aspire to fulfil this month? | | | | | | | | | |
| 8 | Did you practice Fikr-e-Madina, for the most of the day this month? | | | | | | | | | |
| Alhamdu-Lillah عَزَّوَجَلَّ I fulfilled the task to attain the following status <table border="1"> <tr> <td>Friend of Attar</td> <td></td> </tr> <tr> <td>The Cherished One</td> <td></td> </tr> <tr> <td>Dear to Attar</td> <td></td> </tr> <tr> <td>Attar's Favourite</td> <td></td> </tr> </table> | | | Friend of Attar | | The Cherished One | | Dear to Attar | | Attar's Favourite | |
| Friend of Attar | | | | | | | | | | |
| The Cherished One | | | | | | | | | | |
| Dear to Attar | | | | | | | | | | |
| Attar's Favourite | | | | | | | | | | |
| Insha-Allah عَزَّوَجَلَّ I will aspire to act upon ____ Madani In'aamaat next month. | | | | | | | | | | |

FIKR-E-MADINAH

Thirty boxes, each box representing a day of the month, have been provided for each Madani In'aam activity. Every day on a designated time fill this questionnaire out while practicing Fikr-e-Madinah (*reflecting upon your deeds*). Use an "Inverted Check Mark" () to indicate the fulfilment of a Madani In'aam, and use an "O" to indicate non compliance. Place the total in the total box at the end of the row. Insha-Allah عَزَّوَجَلَّ you will develop a resentment towards sins and a gradual advancement in practice [*amal*].

It is stated in a prophetic tradition [Hadees] that, *"to reflect for a moment [upon the hereafter] is better than sixty (60) year's of Nafil [supererogatory] worship"*.

(*al-Jāmi. al-Saghīr lil-suyuti, Hadees-5897, Page 365*)

Behold! Every good action should be done to attain the pleasure of Allah, as **sincerity is the key to acceptance**

DUA OF ATTAR: Oh Allah عَزَّوَجَلَّ! Grant steadfastness and the honour of being Your Preferred Servant, to whoever acts upon the Madani In'aamaat to attain Your Pleasure and fills the questionnaire out every day; and hands it in to the Zeli Mushavarat Nigraan every month.

أَمِينَ بِجَاهِ النَّبِيِّ الْأَمِينِ صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ